



Birth to Five Helpline Technical Assistance

*Consultation and resource information for child care providers,
preschool providers and quality improvement professionals*

Birth to Five Helpline Technical Assistance links callers to experts who provide telephone consultation in three main areas: child care health, early childhood mental health and inclusion of children with special needs. These professionals answer questions, engage in conversations, problem-solve and provide support, resources and referrals to child care providers, preschool providers and quality improvement professionals statewide, including Smart Support, Quality First, Child Care Health Consultation and Inclusion.

Child Care Health Consultation (CCHC)

Callers receive support around:

- Health and safety in early care environments
- Connections to local resources for services and health and safety trainings
- Policies and procedures based on information provided by the American Academy of Pediatrics and Caring for Our Children

Mental Health Consultation

Callers receive support around:

- Creating relationships and environments that enable all children to develop optimally, socially and emotionally
- Strategies to teach social and emotional skills
- Understanding challenging behavior and creating plans to positively support new skills
- Referrals to community resources for individualized mental health and other supportive services

Inclusion of Children with Special Needs Consultation

Callers receive support around:

- Information about community resources and services for children with disabilities and their families
- Ideas or strategies to support a specific child to be successful in their early care and education setting
- Tips for talking with parents about developmental concerns
- Screening for developmental concerns
- Understanding and collaborating with local early intervention and school district resources for children with delays

**Contact a Birth to Five Helpline Technical Assistance professional
by calling 1-877-705-KIDS (5437) or visit www.birthtofivehelpline.org**