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Strengthening Families™ is a research-based approach to working with families in a way that develops and enhances their strengths. It is based on engaging families, programs and communities in building five protective factors: Parental resilience; Social connections; Knowledge of parenting and child development; Concrete support in times of need; and Social and emotional competence of children.

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The following trainers are certified to offer trainings on the Strengthening Families™ Protective Factors:



Project funded by: