



# Annual Child Abuse Prevention Conference Honoring Legacy, Empowering Future

March 29, 2018, 8am – 5pm, Little America, Flagstaff

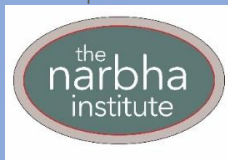
Featuring Keynote Speaker, National Hero and

## Olympic Gold Medalist- **Billy Mills**

Billy, who’s story was featured in the 1983 film, “Running Brave”, was awarded the Presidential Citizen’s Medal in 2013 by President Barack Obama. He is an inductee in multiple Halls of Fame, including the United States Olympic Hall of Fame, and is the co-founder of Running Strong for American Indian Youth.



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**Event Schedule (Below)**- Preventing and responding to child abuse requires that one not only understand the circumstances facing an individual or a family today, but one must also understand the impacts of what has happened to that family generationally, as well as, what has happened to communities historically.

8:00 – 8:30 Registration/Breakfast (please allow time for registration and getting settled)

8:30 – 8:45 Opening (please be seated prior to 8:30 as we will begin promptly)

8:45 - 9:40

### *Keynote Presentation -* **Billy Mills**

*"Footprints"*

Mr. Mills' 1964 gold winning 10-meter race, is to this day, considered one the greatest upsets in Olympic history. An unknown going into the race, Mr. Mills, who was orphaned at age 12 and grew up on the Pine Ridge Indian Reservation, would come away with an inspiring and amazing story about following dreams. He would also clearly envision a global unity. However, returning home to Unites States, Billy would also witness strife and struggle for this unity. Join us as Mr. Mills leads us to explore historical policy and beliefs and how those policies have lead us to where we stand today. Mr. Mills is an incredibly inspiring speaker who will leave us hope filled, but also, grounded in historical understanding that is too often forgotten.

9:40 – 9:55

### *Bridge Presentation-* **Dr. Frederick W. Gooding Jr**

*"The Struggle is Real: Facts, not Fiction"*

Frederick W. Gooding, Jr. is an Assistant Professor within the Ethnic Studies Program at Northern Arizona University in Flagstaff, AZ. A trained historian, Gooding most effectively analyzes contemporary mainstream media with a careful eye for persistent patterns along racial lines that appear benign but indeed have problematic historical roots. As such, Gooding's most well-known work thus far is "You Mean, There's RACE in My Movie? The Complete Guide to Understanding Race in Mainstream Hollywood." His next book, "American Dream Deferred" about the growth and struggles of black federal workers in the postwar era, will be released in Fall 2018.

10:15 – 12:00

### *Plenary Session-* **Lyna Munoz-Morris, MS LPC, CFS**

*"Self Care for the Professional: Empowering Yourself and the Community"*

Lyna is the Clinical Director at The Guidance Center. She will additionally explore how these themes support a Collective Impact Driven, Trauma Informed, Historically and Generationally Minded Community. Self-care is critical for individuals as they work with difficult situations day after day. We are passionate about supporting our system partners in doing the work they do so well. It is also essential in placing your heart and mind in a space to react with compassion and dignity to the needs of our community.

12:00 – 2:00 *Luncheon*

\*Mexicali Salad

(Special Diet Selections- Vegetarian, Vegan or Gluten Free Available: Chef will make edits)  
Chipotle Marinated Chicken Breast with Crisp Romaine and Iceberg Lettuce, Roasted Corn, Jicama, Cherry Tomatoes, Green Onions, Toasted Pepitas, Queso Fresco, and Tortilla Strips with Cilantro Lime Vinaigrette and Rolls on the table. Spice cake for Dessert.

### Luncheon Events

- \* Blessing provided by Ms. Navajo
- \* City and County Child Abuse Prevention Proclamations
- \* Community Panel Discussion- This will be a wonderful learning experience as we are joined by community members who are making an impact in Coconino County. Working toward a trauma informed, generationally and historically minded community requires understanding the strengths and needs of the community and involving all partners. It is through collective impact that we work to engage the minds and hearts of our community and keep pushing the wellness of our communities forward for our children and youth.
- \* Caring for Children Awards- Presentation of Honorees

### 2:10 – 3:10 Direct Practice and Support Breakout Session Choices (Choose One)

“Caring for Yourself Through Reflective Supervision”

#### **Katherine Mommaerts, MSW, LCSW**

What is reflective supervision and how can I utilize it in my daily interactions? This workshop will review the various forms of supervision focusing on the use of reflective supervision and the importance of utilizing reflection in your daily practice. We will explore the impact reflection has not only on the self, but on others with whom we are directly interacting with. Katie Mommaerts is an Assistant Clinical Professor at Northern Arizona University and is a Licensed Clinical Social Worker. She graduated from the University of Wisconsin-Madison with a Masters in Social Work in 2006. Katie has over 11 plus years of social work experience from a variety of settings, including integrative care, hospice, school social work, and community mental/behavioral health. Katie moved from Wisconsin in 2009, is a certified personal trainer, and enjoys the mountain life the Flagstaff community has to offer.

Or

"Hip Hop Heals: Catharsis through Metamorphosis"

#### **Dr Frederick W. Gooding Jr**

Dr. Gooding, Ethnic Studies professor at NAU will serve as this year's bridge speaker. You can find more information about his biography on page one. Life can often be difficult, challenging and exasperating despite its potential for joy, pleasure and promise. Thus, many individuals suffer silently and more importantly, society in general often suffers when individuals do not feel connected. What to do? When having difficulty out in the world, sometimes, taking a journey within can lead to better mental health. Believe it or not, Hip Hop is a dynamic vehicle that helps millions of people across the globe cope and provides them hope. Come learn three fundamental reasons why. After this session, you will NEVER hear Hip Hop the same way again!

*"I think that that's the wisest thing - to prevent illness before we try to cure something". Maya Angelou*

### 3:30 – 5:00 Protecting our Children Breakout Session Choices (Choose One)

“Childhelp Child Safety Curriculum Training”

**Lisa Ciolli** with an intro from **Nevitta Mason, LAC**,

As a prevention strategy, CCC&Y has been active in assisting Childhelp in reaching Northern Arizona. We believe strongly that educating children about their safety is a large step our community can take to keep children safe. This is a simple and easy mechanism to accomplish this goal. Childhelp’s “Speak Up Be Safe for Athletes” strives to give children and adults the awareness and skills to prevent abuse. With this free program, adults such as teachers, coaches, parents and caregivers are presented information to identify signs of abuse and steps for action to quickly help children in their care. For youth, the program presents five Childhelp safety “Rules of the Game” to support children to seek help or resources if necessary. The safety rules are reinforced through focused activity and movement for greater recall and retention. Children learn basic personal safety principals as they give high-fives, run in place, do push-ups and “cheer” using their voices to feel empowered to “Speak Up” if the need help.

Lisa is a graduate from Arizona State University and has worked in the non-profit sector for more than a decade. She has been with National non-profit Childhelp for the past eight years, starting as the Volunteer and Donations Coordinator at Childhelp Children’s Center of Arizona, a well-known child victims’ advocacy center in Phoenix. Currently Lisa works as Childhelp’s Prevention Outreach Coordinator at the National Headquarters in Phoenix. In this role, her goal is to present the Childhelp Speak Up Be Safe for Athletes campaign to communities throughout Arizona and to impact 100,000 by the end of 2018. She is steadily achieving this goal by creating strategic community partnerships, engaging and informing adults of the importance of child abuse prevention and diverse platforms and programs in teaching safety and prevention to youth.

Nevitta is a survivor of child abuse, neglect and abandonment from birth to age 13 and a foster alumni from age 13-17. The first in her family to graduate from high school and the only person in her family to graduate from college with a bachelor's degree in elementary education Cum Laude she was a public school teacher in North Carolina. She earned a Master's degree (another first) in Clinical Mental Health Counseling with a 4.0 GPA. She completed her counseling internship at Northland Family Help Center and then became the birth-5 counselor and clinical coordinator for Child and Family Support Services. She currently works at Flagstaff Medical Center as a Program Counselor for Safe Child Center, Outpatient and Inpatient Behavioral Health. Married 26 years with three teenagers. Former CASA special advocate for 15 years.

*Or*

“Human Trafficking 101”

**Marc Tetzlaff** and **Stacey Sutherland**

As a member of the Flagstaff Initiative Against Trafficking (FIAT), CCC&Y is committed to raising awareness about this issue and its impact to our children and youth. Knowledge and prevention are crucial to addressing this need in our community.

Marc has been working with victims of crime for the last 20+ years. Marc became the first full-time Victim Assistance Specialist for the ICE Homeland Security Investigations office for Arizona. Marc is a member of the Phoenix Human Trafficking Task Force and has provided training to interested Law Enforcement agencies and other groups on Human Trafficking. He also provides training to police agencies, county attorney's offices, and public/religious groups on immigration options for undocumented victims of crime. Marc's most recent international training experiences have been with the Dept. of State at the International Law Enforcement Academy's in Botswana, Hungary, Ghana and El Salvador and has also trained Mexican Law Enforcement, Prosecutors and Social Workers in Tuxtla Gutiérrez, Mexico. He recently assisted HSI San Francisco on a HT "OP" that rescued 17 labor trafficking victims and he is on his way to Bangkok to teach HT for that International Law Enforcement Academy in July.

Stacey Sutherland currently is the coalition relations coordinator with TRUST (Training and Resources United to Stop Trafficking). She has extensive experience conducting training across multiple disciplines including medical, mental health, child welfare, victim services and law enforcement. Stacey is also recognized as a special instructor on the topic of human trafficking with the Arizona Peace Officers Standards Training Board. In 2016 Stacey was nominated for the Guara Award, honoring an advocate's outstanding efforts in providing direct services to victims of sexual and/or domestic violence in Arizona.

**DEADLINE TO REGISTER:** March 19, 2018 (Your choice to register early helps us tremendously and assures your place- we expect to reach full capacity this year!)

### Prices

Conference plus Luncheon = \$95 (\$75 for CCC&Y members)

Luncheon only - \$45 (\$30 CCC&Y members) or

Luncheon Table Sponsorship option - Purchase a table for 8 people \$280  
(\$225 for CCC&Y members)

\*We do have a small selection of need-based scholarships available for foster parents and those responsible for preventing or responding to abuse in our communities.

To become a member of CCC&Y visit <http://coconinokids.org/membership/>  
*The Coconino Coalition for Children and Youth (CCC&Y) exists to provide leadership in developing community-wide strategies that enhance the well-being of children and youth in Coconino County.*

Please visit this link <http://coconinokids.org/cap-registration/> to register. Contact Virginia Watahomigie, CCC&Y executive director, at [virginia@coconinokids.org](mailto:virginia@coconinokids.org) with any questions you may have- thank you!!