



Coconino Coalition for Children & Youth

Connect. Inspire. Engage. Act.

Igniting collective action to cultivate, honor & empower
resilient, thriving communities.



Presents **Kevin Campbell**
Self-Healing Communities
a Continued Conversation

Learn more visit coconinokids.org



Self-Healing Communities: Continuing the conversation

Kevin Campbell

Model Author

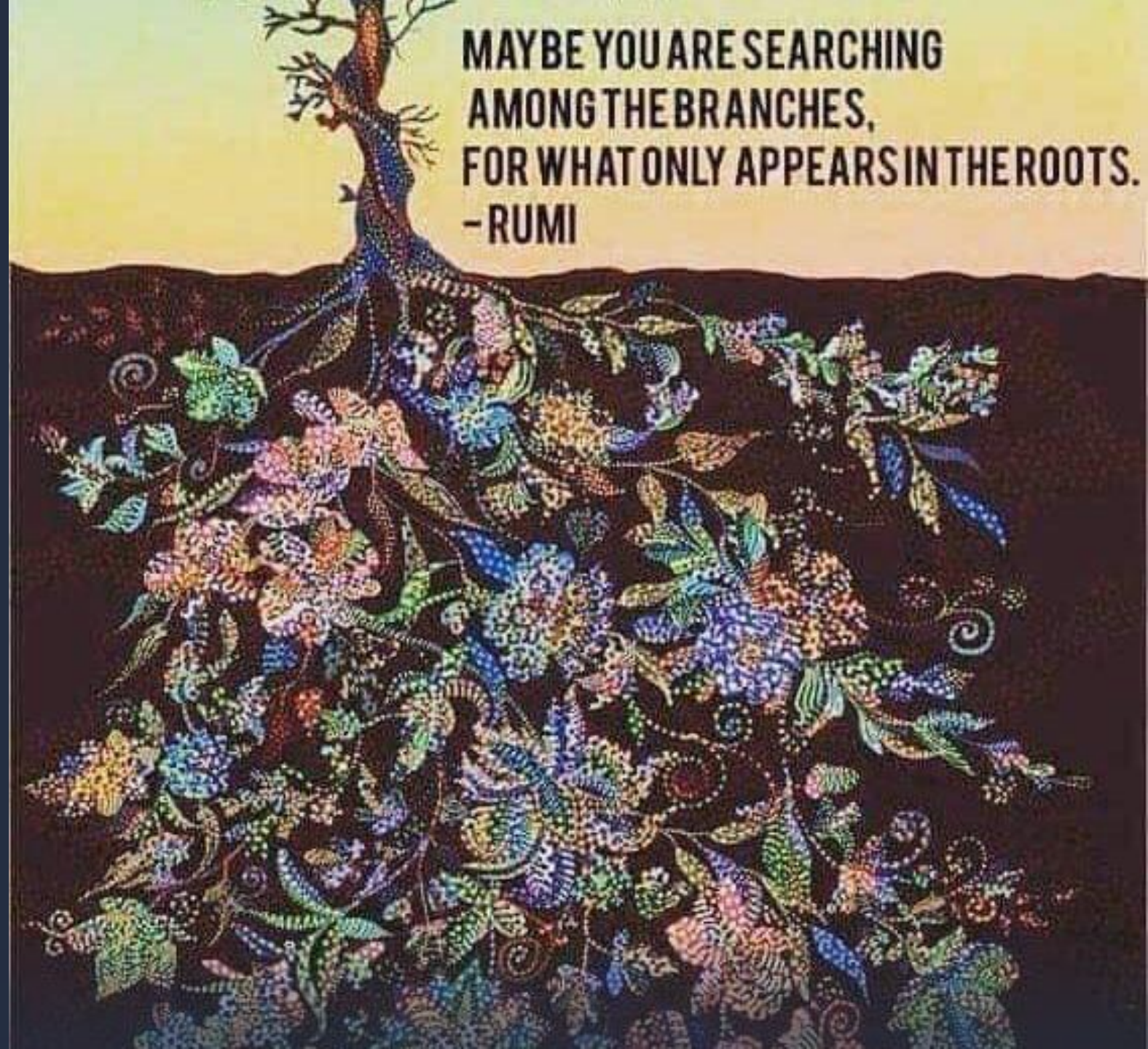


Family Finding

“We take the crap in life and grow beautiful things out of it...”
A member of Australia's Forgotten Generations



William Beveridge the architect of the modern welfare state said in 1942, "A revolutionary moment in the world's history is a time for revolutions, not patching."




MAYBE YOU ARE SEARCHING
AMONG THE BRANCHES,
FOR WHAT ONLY APPEARS IN THE ROOTS.
-RUMI

Self Healing Communities Model

- The Self-Healing Community Model, Washington, developed strong networks that promoted much greater collaboration across sectors. They empowered local leadership and nurtured sector leaders to think about whole systems, not just their part of a system. They also used data to decide how and where to focus efforts and to learn from what was working. They made visible changes that helped to instill a real sense of hope in communities that had given up on the prospect of a better world for their children.



Impacts of Self-Healing Communities Impact in Washington State

- Over 10 to 15 years in Cowlitz Co., Wash.:
 - Births to teen mothers went down 62% and infant mortality went down 43%;
 - Youth suicide and suicide attempts went down 98%;
 - Youth arrests for violent crime dropped 53%;
 - High school dropout rates decreased by 47%;
 - Similar results were seen in other counties.
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Programs, agencies and services as solutions to complex social problems defy logic and evidence



Self Healing Communities is Built on Science and Participatory Methods and Tools

- The theory of change in Self Healing Communities is Parents as Change Agents not agencies and services as responsible for fixing families and problems.
- In Family Finding I speak of services in service to people and families, not people and families in service to services. This is a redirection of power back toward democratic principles of self sufficiency, self determination and in relationship to Tribes sovereignty.
- In both cases the expectation is that Government and services compliment, empower and support community and family lead efforts not supplant them.
- Arizona's existing approach is based on needs and services, what is the challenge of this?

The Starting Point for Building Systems of Radical Help

- People want to not need services and assistance.
- They want to live socially, environmentally and economically secure lives without depending on outside help.
- What they want therefore from a service and health agency is a system that supports indigenous processes so that outside help will be unnecessary.
- A needs and services designed system fails at doing this.



What is specifically wrong with systems of “help” which organize around Needs and Services?

- Services organized as a delivery system through which people “provide” while others receive” is inimical to its stated objectives and undermines the very principles on which it is based.
- People who live in recipient roles say this turns them into “objects” of other’s decisions making and planning, rather than engaging them as subjects in their own progress.
- Systems organized to deliver focuses on gaps and needs to be filled, rather than existing capacities and structures that should be reinforced and built upon.

The heart of the argument for radical help

- Government, funders and providers of service learn to see gaps, needs, risks and safety threat, not capable persons able to be actors in their own lives, within families, communities and culture.
- The very name Self Healing Communities raises doubts in the minds of people acculturated to government and professions as the solution to social problems
- The evolution of or legacy approach seeks to right size individual problems to fit budgets, politics and power structures. The right size of for some problems is an individual in cell, a hospital or foster home.

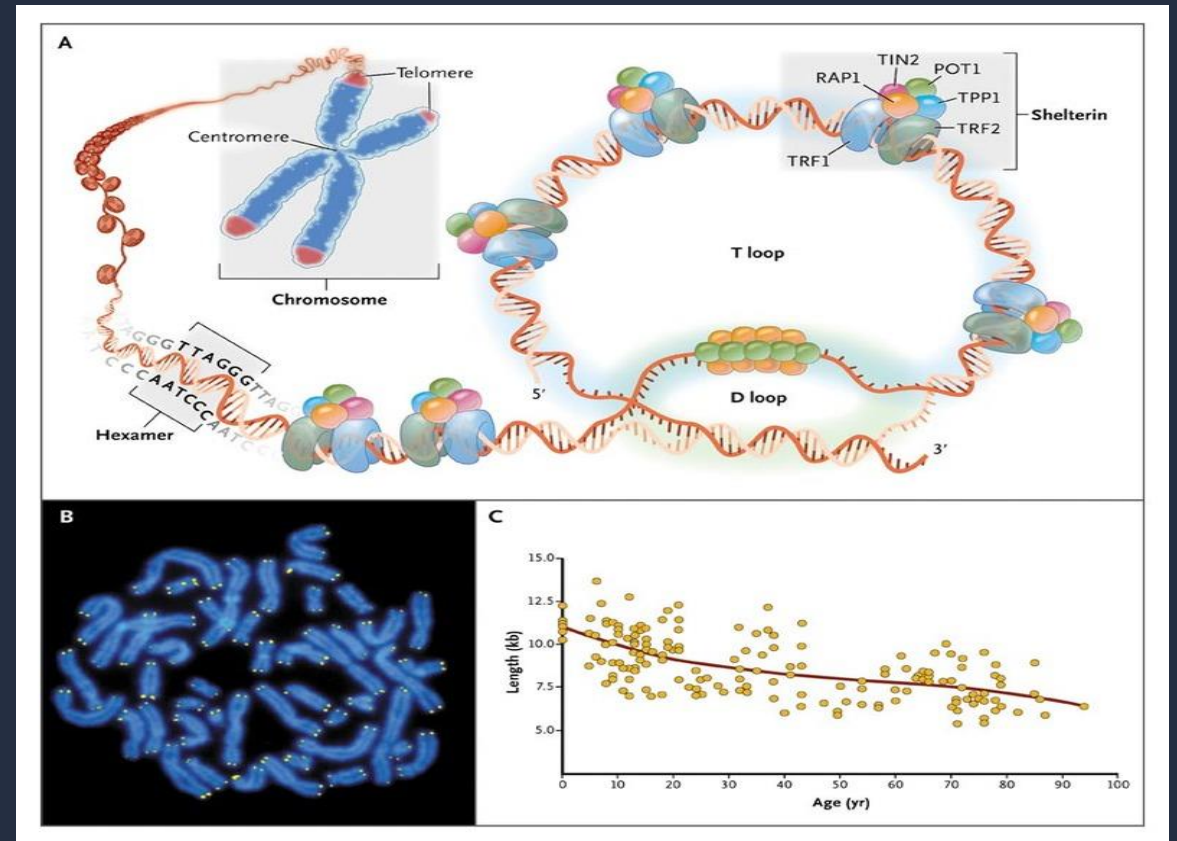
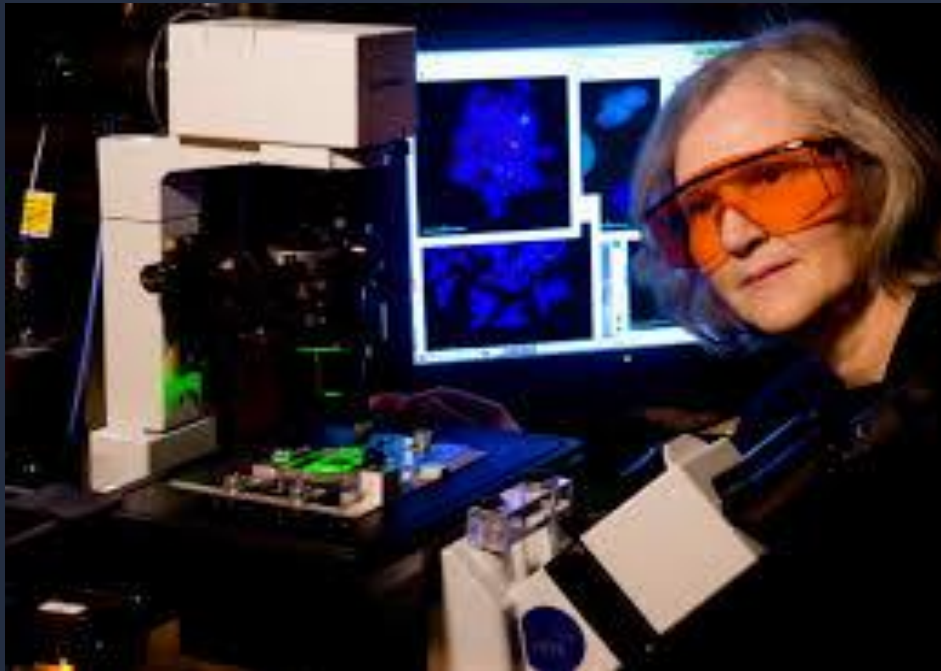
World Mental Health Day

- Dainius Puras Special Rapporteur on the rights to physical and mental health for the United Nations
- He reports how current systems that individualize psychological distress (situating responsibility for mental distress within individuals) have led to a "mad or bad" approach. The "mad or bad " approach criminalizes people who experience psychological distress or labels them as "sick, mad, or patients."
- The existing approach has created a medicalization of unlivable lives.

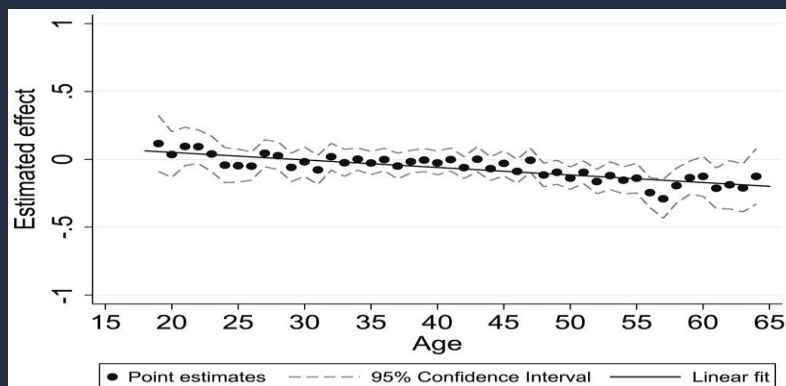
New science provides insight into designing policy and action for radical help



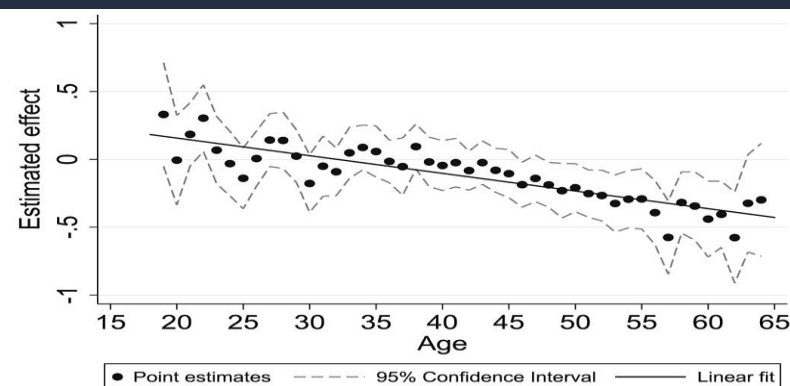
"Our Telomeres are Social." Elizabeth Blackburn Blackburn Recipient of the 2009 Nobel Prize



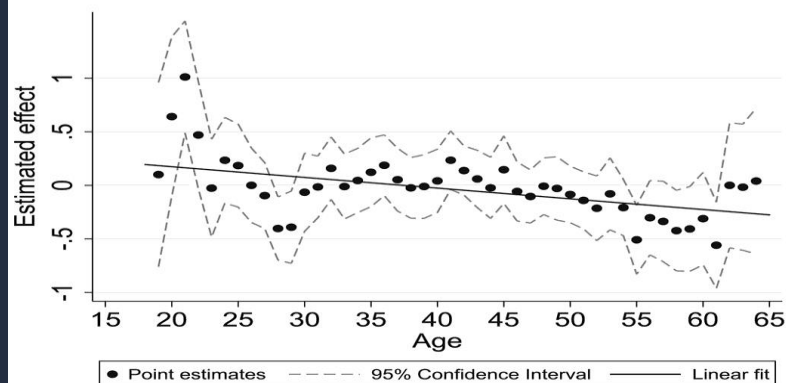
Adversity short of immediate harm is not the measure alone which predicts health or well-being. Feeling no control or influence over your life catalyzes a physical wear and tear effect which accelerates aging increasing probability of early onset of chronic disease and premature mortality.



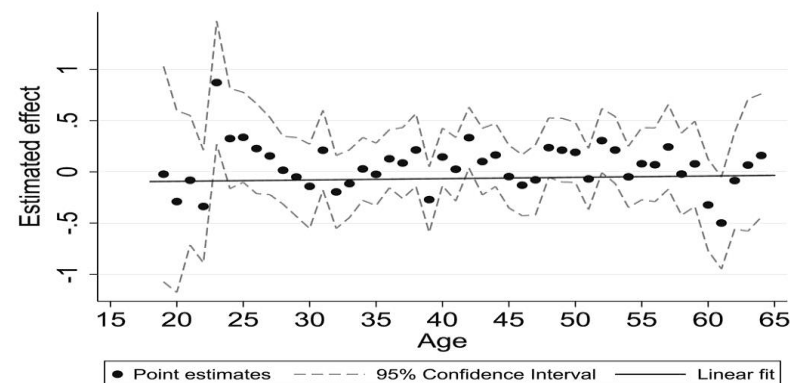
(a) Effect of blue-collar work.



(b) Effect of physical strain.



(c) Effect of low job control



(d) Effect of high work load

New Evidence Requires a New System and Practices

- Adults who lived in foster and residential care during childhood had a 40% chance of very poor health 10 years later. This rose to an 85% chance over the following two decades
- Those who grew up with a relative saw their chances of reporting very ill health range from 21% to 43% over a 30-year period
- Adults who grew up with parents only had a 13% chance of reporting very ill health after 10 years and a 21% chance at 20-30 years
- Research from King's and UCL found adults who spent time in care as children were 70% more likely to die prematurely than those who did not. Most of these deaths were from unnatural causes. *Rates of death increased for those in care after the year 2000






***“ Walking together,
talking together
is creating our future. ”***

– Judy Atkinson





Revolutionary times call for
revolution, not more of the
same harder.

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